



**MCM**

# *Event Series*

**RECORD BOOK**

EST. 2008

-2022-

**Marine Corps 17.75K • March 26, Prince William Forest Park**

Total Live Finishers: 1,904

Men: 1,120 Women: 784

Total Virtual Finishers: 154

Top Finishers:

Male: Alex Trouteaud, Barnesville, MD, 1:04:14

Female: Amanda Beucler, Weymouth, MA, 1:15:06

Masters:

Male: Mark Henrickson, Washington, D.C., 1:08:50

Female: Vicki Mitchell, Novi, MI, 1:22:12

**Belleau Wood 8K • June 25, Marine Corps Base Quantico**

Total Live Finishers: 348

Men: 182 Women: 166

Total Virtual Finishers: 67

Top Finishers:

Male: Jonathan Ladson, Dale City, VA, 33:32

Female: Gwen Oster, Alexandria, VA, 43:55

Masters:

Male: Javier Latorre-Catalan, Chevy Chase, MD, 42:14

Female: Yuko Whitestone, Fairfax, VA, 47:47

**Crossroads Trail 15K • June 25, Marine Corps Base Quantico\***

Total Live Finishers: 219

Men: 151 Women: 68

Total Virtual Finishers: 32

Top Finishers:

Male: Jose Crosby, Quantico, VA, 1:04:46

Female: Morgan MacCartney, Fredericksburg, VA, 1:12:56

Masters:

Male: Andrea Buoso, Norfolk, VA, 1:07:19

Female: Mary Grace McAlevy, Fairfax, VA, 1:33:11

*\*Results are unofficial*

-2022-

**Quantico 12K • August 20, Marine Corps Base Quantico**

Total Live Finishers: 804

Men: 429 Women: 375

Total Virtual Finishers: 129

Top Finishers:

Male: Jonathan Ladson, Dale City, MA, 42:54

Female: Annie Pentaleri, Jacksonville, FL, 53:49

Masters:

Male: Todd Musher, Bristow, VA, 46:55

Female: Kara Russell, Stafford, VA, 59:56

**Turkey Trot 10K and Mile • November 19, Marine Corps Base Quantico**

Total Live Finishers: 520

Men: 270 Women: 250

Total Virtual 10K Finishers: 98

Total Turkey Trot Mile: 115

Top Finishers:

Male: Jonathan Ladson, Dale City, MA, 33:58

Female: Stephanie Spitznogle, Stafford, VA, 41:26

Masters:

Male: Mike Nordin, Springfield, VA, 40:47

Female: Yuko Whitestone, Fairfax, VA, 44:16

-2021-

In 2021, COVID-19 was still affecting live events throughout the country. However, the Marine Corps Marathon Organization still found a way to bring the MCM Event Series in a safe manner to the running community.

**Marine Corps 17.75K • March 20, Marine Corps Base Quantico**

Total Live Finishers: 456

Men: 230 Women: 226

Total Virtual Finishers: 1,518

Top Finishers:

Male: Michael Schueller, Bethel Park, PA, 1:08:40

Female: Elizabeth Kukla, Richmond, VA, 1:29:46

Masters:

Male: Kenneth Parisi, Montclair, VA, 1:12:25

Female: Lauren Groppi, Richmond, VA, 1:30:51

**Quantico Crucible 5K • April 17, Marine Corps Base Quantico**

Total Live Finishers: **230**

Men: 105 Women: 125

Top Finishers:

Male: Izrael Diaz, Springfield, VA, 27:24

Female: Catherine Miller, Spotsylvania, VA, 31:53

Masters:

Male: David Hughes, Fredericksburg, VA, 31:50

Female: Yuko Whitestone, Fairfax, VA, 36:09

**Belleau Wood 8K • June 19, Marine Corps Base Quantico**

Total Live Finishers: 222

Men: 114 Women: 108

Total Virtual Finishers: 568

Top Finishers:

Male: Izrael Diaz, Springfield, VA, 34:24

Female: Melissa Varcoe, Port Jervis, NY, 43:58

Masters:

Male: Charlie Hartman, Centreville, VA, 46:08

Female: Yuko Whitestone, Fairfax, VA, 46:04

**Crossroads Trail 15K • June 19, Marine Corps Base Quantico**

Total Live Finishers: 219

Men: 151 Women: 68

Total Virtual Finishers: 32

Top Finishers:

Male: Spencer Elmore, Waldorf, MD, 1:05:46

Female: Stephanie Hill, Alexandria, VA, 1:13:11

Masters:

Male: Jeffrey Radgowski, Dulles, VA, 1:13:28

Female: Heather Phelps, Vienna, VA, 1:19:04

**Quantico 12K • August 21, Marine Corps Base Quantico**

Total Live Finishers: 298

Men: 178 Women: 120

Total Virtual Finishers: 463

Top Finishers:

Male: Matt Rouse, Swansboro, NC, 44:27

Female: Amanda Beucler, Weymouth, MA, 46:35

Masters:

Male: Alex Hetherington, Vienna, VA, 48:05

Female: Catherine Mille, Spotsylvania, VA, 56:11

**Quantico Duathlon • Virtual Only**

Total Virtual Finishers: 202

**Turkey Trot 10K and Mile • November 20, Marine Corps Base Quantico**

Total Live Finishers: 283

Men: 141 Women: 142

Total Virtual 10K Finishers: 674

Total Turkey Trot Mile: 152

Top Finishers:

Male: Nathaniel Chermok, Stafford, VA, 35:28

Female: Yuko Whitestone, Fairfax, VA, 43:22

Masters:

Male: Morris Bodrick, Dumfries, VA, 43:08

Female: Sara Gilliam, Stafford, VA, 43:51

— 2020 —

Due to the impact and continued spread of the novel coronavirus (COVID-19) pandemic, 2020 has been an unprecedented and challenging year. For the first time ever, the Marine Corps Marathon (MCM) Organization canceled or shifted multiple events to virtual-only status. The MCM running community remained undaunted and the response to virtual events was overwhelmingly positive. But, when the opportunity arose to gather live aboard Marine Corps Base Quantico, the MCM Organization implemented safety guidelines and measures to prioritize the health and safety of the MCM running community and staff, while helping to mitigate the spread of the coronavirus.

**Marine Corps 17.75K • March 12 – 28 (Virtual Only)**

Total Virtual Registrations: 3,280

Men: 1,332      Women: 1,948

Oldest:

Male: Norman Griest, Purcellville, VA, 77

Female: Linda Vidmar, Murrells Inlet, SC, 77

Youngest:

Male: Ralph "Jack" Pfeil IV, 10

Female: Iris Carr, Hartsville, SC, 10

*The 2020 Virtual Marine Corps 17.75K includes runners from all 50 states and D.C. and 21 countries (not including U.S.).*

**DIY Run Amuck • August (Virtual Only)**

Total Virtual Registrations: 501

Men: 204      Women: 297

Oldest:

Male: John Jens, Manassas Park, VA, 72

Female: Serena Chou, Miami Beach, FL, 71

Youngest:

Male: Blake Balhiser, Windsor, CO, 8

Female: Alexandra Belowich, Williamsburg, VA, 7

*The 2020 DIY Run Amuck includes runners from 37 states and D.C. and 9 countries (not including U.S.).*

**Belleau Wood 8K • August (Virtual/Live)**

Total Virtual Registrations: 819

Men: 303      Women: 516

Oldest:

Male: Richard Agnew Jr., Lake Ridge, VA, 70

Female: Margaret Yoder, Highland, CA, 74

Youngest:

Male: Guillermo Monterrosa, Springfield, VA, 7

Female: Ciara Burgess, Woodbridge, VA, 8

*The 2020 Belleau Wood 8K includes runners from all 50 states and D.C. and 9 countries (not including U.S.).*

Total Live Finishers: 80
Men: 42    Women: 38
Top Finishers:
Male: Matt Rouse, Quantico, VA 30:15
Female: Erika Jacobs, Stafford, VA 45:18

**Quantico 12K • August (Virtual/Live)**

Total Virtual Registrations: 547

Men: 189      Women: 358

Oldest:

Male: Richard Agnew Jr., Lake Ridge, VA, 70

Female: Martha Stanfield, Hope Mills, NC, 70

Youngest:

Male: Ralph "Jack" Pfeil IV, 10

Female: Reagan Alexander, Waverly, IA, 15

*The 2020 Quantico 12K includes runners from 42 states and D.C. and 10 countries (not including U.S.).*

Total Live Finishers: 148

Men: 73    Women: 75

Top Finishers:

Male: Anthony Sanders, Stafford, VA 55:07

Female: Annette Aho, Pittsburgh, PA 59:56

**Marine Corps Duathlon • August (Virtual Only)**

Total Virtual Registrations: 674

Men: 316      Women: 358

Oldest:

Male: Helmet Kupper, Stuttgart, Germany, 77

Female: Christine McIntyre, Purcellville, VA, 71

Youngest:

Male: Aleksander Perez, Kinston, NC, 11

Female: Alaura Thapa, Woodbridge, VA, 12

*The 2020 Marine Corps Duathlon includes runners from 42 states and D.C. and 12 countries (not including U.S.).*

**Recon Ruck • August (Virtual/Live)**

Total Virtual Registrations: 309

Men: 177      Women: 132

Oldest:

Male: Helmet Kupper, Stuttgart, Germany, 77

Female: Mary Affeldt, Potomac, MD, 64

Youngest:

Male: Joel Ras, Quantico, VA, 15

Female: Talisa Soto, Gainesville, GA, 21

*The 2020 Recon Ruck includes runners from 35 states and D.C. and 12 countries (not including U.S.).*

Total Live Finishers: 83

Men: 57    Women: 26

Top Finishers:

Male: Tom Quinn, Quantico, VA 59:51

Female: Yuko Whitestone, Springfield, VA 1:17:49

**Turkey Trot 10K • November 1 – 30 (Virtual Only)**

Total Virtual Registrations: 1,249

Men: 430      Women: 819

Oldest:

Male: Helmet Kupper, Stuttgart, Germany, 78

Female: Fay Sutherland, London, ON, 71

Youngest:

Male: Guillermo Monterrosa, Springfield, VA, 7

Female: Lizzie Pratt, Poughkeepsie, NY, 7

*The 2020 Turkey Trot 10K includes runners from 44 states and D.C. and 13 countries (not including U.S.).*

**Frozen Chosin 7.0 Miler • November 27 – December 13 (Virtual/Live)**

Total Virtual Registrations: 947

Men: 350      Women: 597

Oldest:

Male: Bill Mooney, Clearwater, FL, 82

Female: Patricia Curry, Lake Forest, CA, 79

Youngest:

Male: Mason Leigh, Jefferson Cty, MO, 9

Female: Persephone Cook, Battle Creek, MI, 9

*The 2020 Frozen Chosin 7.0 Miler includes runners from 47 states and D.C. and 11 countries (not including U.S.).*

Total Live Finishers: 182

Men: 54    Women: 88

Top Finishers:

Male: Ryan Olson, Fredericksburg, VA, 47:02

Female: Megan McCarthv. Washington D.C. 53:00



**Marine Corps 17.75K** • March 23, Prince William Forest Park

Total Finishers: 2,943

Men: 1,546      Women: 1,397

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 1:01:21

Female: Sarah Bridges, San Diego, CA, 1:14:14

Masters:

Male: Patrick Baier, Twickenham, England, 1:11:50

Female: Christina Gallagher, Manassas, VA, 1:20:16

**Run Amuck** • June 15, Quantico, VA

Total Registered Runners: 1,255

**Belleau Wood 8K** • June 15, Quantico, VA

Total Finishers: 644

Men: 313      Women: 331

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 25:45

Female: Alissa Savage-Paul, Stafford, VA, 33:16

Masters:

Male: Sean Robinson, Louisa, VA 29:33

Female: Kristie Robson, Triangle, VA, 35:35

**Recon Ruck** • June 15, Quantico, VA

Total Finishers: 195

Men: 132      Women: 63

Top Finishers:

Male: Shinichi Hirao, Charlottesville, VA, 1:28:13

Female: Mitsu Hirao, Charlottesville, VA, 1:56:23

Masters:

Male: Alexander Hetherington, Vienna, VA, 1:28:21

Female: Beato Jajko, Arlington, VA, 1:58:53

**Quantico Tri** • August 24, Quantico, VA

Total Finishers: 565

Men: 368      Women: 197

Top Finishers:

Male: Erick Armes, Triangle, VA, 1:01:37

Female: Peyton Young, Vienna, VA, 1:16:58

Masters:

Male: Stephen Armes, Triangle, VA, 1:05:01

Female: Ellen Sfecla, Lorton, VA, 1:19:11

**Quantico 12K** • August 24, Quantico, VA

Total Finishers: 648

Men: 310      Women: 338

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 41:10

Female: Emily Sharp, Alexandria, VA, 51:14

Masters:

Male: Michael Hulett, Woodbridge, VA, 49:59

Female: Sara Gilliam, Stafford, VA, 56:11

**Turkey Trot** • November 23, Quantico, VA

Total Finishers: 906

Men: 409      Women: 497

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 32:51

Female: Emily Sharp, Alexandria, VA, 40:33

Masters:

Male: Sean Robinson, Louisa, VA 37:21

Female: Yuko Whitestone, Springfield, VA, 45:04

**Medal of Honor 8K** • December 7, Quantico, VA

Total Finishers: 262

Men: 134      Women: 128

Top Finishers:

Male: Alexis Espinoza, Alexandria, VA, 29:43

Female: Catherine Miller, Spotsylvania, VA, 36:42

Masters:

Male: Deries Kaywood, Stafford, VA, 34:54

Female: Michelle Curry, Stafford, VA, 37:15

**Marine Corps 17.75K** • March 24, Prince William Forest Park

Total Finishers: 2,788

Men: 1,471      Women: 1,316

Top Finishers:

Male: Alex Drozd, San Clemente, CA, 1:02:58

Female: Christine Guerrero, New Bern, NC, 1:16:03

Masters:

Male: Chuck Engle, Lancaster, OH, 1:11:48

Female: Dawn Bryant-Kuhar, Vineland, NJ, 1:25:21

**Run Amuck** • June 23, Quantico, VA

Total Registered Runners: 1,296

Men: 667      Women: 629

**Belleau Wood 8K** • June 23, Quantico, VA

Total Finishers: 684

Men: 362      Women: 322

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 27:18

Female: Denise Gallant, Woodbridge, VA, 35:59

Masters:

Male: Chris Zayatz, Fredericksburg, VA, 34:47

Female: Eun Lee, Burke, VA, 40:24

**Quantico Tri** • August 25, Quantico, VA

Total Finishers: 574

Men: 336      Women: 238

Top Finishers:

Male: Kevin Soeder, Stafford, VA, 1:06:28

Female: Jamie Ash, Woodbridge, VA, 1:15:32

Masters:

Male: Douglas Marocco, Montclair, VA, 1:09:12

Female: Merle Nilk, Washington, DC, 1:20:25

**Quantico 12K • August 25, Quantico, VA**

Total Finishers: 617

Men: 280      Women: 337

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 40:17

Female: Sandra Pahl, Alexandria, VA, 55:11

Masters:

Male: Chris Zayatz, Fredericksburg, VA, 51:23

Female: Donna Scatchard, Mount Laurel, NJ, 1:01:22

**Turkey Trot • November 17, Quantico, VA**

Total Finishers: 985

Men: 424      Women: 561

Top Finishers:

Male: Stephen Armes, Triangle, VA, 39:29

Female: Sandra Pahl, Alexandria, VA, 44:38

Masters:

Male: Sean Robinson, Louisa, VA, 40:22

Female: Michelle Curry, Stafford, VA, 46:21

**Medal of Honor 8K • December 8, Quantico, VA**

Total Finishers: 400

Men: 169      Women: 231

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 27:26

Female: Sandra Pahl, Alexandria, VA, 36:32

Masters:

Male: Michael Hulett, Woodbridge, VA, 35:09

Female: Michelle Curry, Fort Meade, MD, 40:01

**Marine Corps 17.75K** • March 25, Prince William Forest Park

Total Finishers: 2,838

Men: 1,425      Women: 1,413

Top Finishers:

Male: Ryan Heneghan, Groton, CT, 1:02:51

Female: Ashley Spencer, Lynchburg, VA, 1:20:16

Masters:

Male: Jim Gregory, Wheaton, MD, 1:11:12

Female: Hassetou Wandaogo, Washington, D.C., 1:25:05

**Run Amuck** • June 10, Quantico, VA

Total Finishers: 2,043

Men: 1,015      Women: 1,028

**Quantico Tri** • August 26, Quantico, VA

Total Finishers: 534

Men: 311                      Women: 223

Top Finishers:

Male: David Henkel, Fairfax, VA, 1:06:44

Female: Kate Murray, McLean, VA, 1:14:35

Masters:

Male: Rick Heyward, Williamsburg, VA, 1:11:52

Female: Kari Stoeber, Baltimore, MD, 1:17:25

**Quantico 12K** • August 26, Quantico, VA

Total Finishers: 600

Men: 275                      Women: 325

Top Finishers:

Male: Travis Boltjes, Washington, D.C., 42:54

Female: Sandra Pahl, Quantico, VA, 54:53

Masters:

Male: Chuck Engle, Lancaster, Ohio, 47:18

Female: Tove Fuglem, Quantico, VA, 56:51

**Turkey Trot** • November 18, Quantico, VA

Total Finishers: 929

Men: 401      Women: 528

Top Finishers:

Male: Caleb Hymans, Annandale, VA, 35:35

Female: Jenny Fitzgerald, Woodbridge, VA, 38:43

Masters:

Male: Christopher Fox, Henrico, VA, 37:31

Female: Sarah Tallent, Pittsburgh, PA, 44:32

**Marine Corps 17.75K** • April 2, Prince William Forest Park

Total Finishers: 1,954

Men: 931            Women: 1,023

Top Finishers:

Male: Andrew Harper, Quantico, VA 1:05:33

Female: Sharon Schmidt-Mongrain, Lafayette, PA 1:16:11

Masters:

Male: Jason Van Horn, Bristow, VA 1:09:16

Female: Judy Doldorf, Manassas, VA 1:21:30

**Run Amuck** • June 4, Quantico, VA

Total Finishers: 1,943

Men: 987            Women: 956

**Quantico Tri** • August 20, Quantico, VA

Total Finishers: 517

Men: 293            Women: 224

Top Finishers:

Male: Damian Walsh, Alexandria, VA, 1:05:18

Female: Melissa Tallent, Sterling, VA, 1:13:09

Masters:

Male: Lance Gargo, Ocean View, DE, 1:11:36

Female: Jane Kelly-Langford, Montclair, VA, 1:20:50

**Quantico 12K** • August 20, Quantico, VA

Total Finishers: 469

Men: 184            Women: 285

Top Finishers:

Male: Richard Jennings, Quantico, VA, 00:44:27

Female: Heather Hanscom, Arlington, VA, 00:50:10

Masters:

Male: John Olav Fuglem, Quantico, VA, 00:51:50

Female: Hassetou Wandaogo, Washington, D.C., 00:57:13



**Marine Corps 17.75K** • March 28, Prince William Forest Park

Total Finishers: 2,166

Men: 1,113      Women: 1,053

Top Finishers:

Male: Jimmy Sosinski, Haymarket, VA 1:06:05

Female: Anna Bernal, Alexandria, VA 1:15:20

Masters:

Male: Jason Van Horn, Bristow, VA 1:08:00

Female: Jeriann Severson, Oak Ridge, NC 1:22:14

**Run Amuck** • June 13, Quantico, VA

Total Finishers: 2,421

Men: 1,238      Women: 1,262

**Quantico Tri** • August 22, Quantico, VA

Total Finishers: 425

Men: 259      Women: 166

Top Finishers:

Male: Damian Walsh, Alexandria, VA, 1:04:42

Female: Lauren Bussian, Richmond, VA, 1:13:49

Masters:

Male: Greg Hince, Clayton, NC, 1:11:42

Female: Nicole Yedlinsky, Fairfax Station, VA, 1:21:22

**Turkey Trot** • November 21, Quantico, VA

Total Finishers: 1,117

Men: 447      Women: 670

Top Finishers:

Male: Adam Lowe, Mechanicsville, MD, 00:35:32

Female: Lindsey Carroll, Alexandria, VA, 00:41:16

Masters:

Male: John Olav Fuglem, Quantico, VA, 00:39:00

Female: Tove Fuglem, Quantico, VA, 00:44:38

**Marine Corps 17.75K** • April 12, Prince William Forest Park

Total Finishers: 1,747

Men: 820          Women: 927

Top Finishers:

Male: Jeremy Lynch, Springfield, VA 1:04:25

Female: Kelly Swain, Arlington, VA 1:13:48

Masters:

Male: Alexander Hetherington, Vienna, VA 1:05:08

Female: Kristin McCann, Alexandria, VA 1:21:14

**Run Amuck** • June 14, Quantico, VA

Total Finishers: 2,219

Men: 1,101          Women: 1,118

**Quantico Tri** • August 24, Quantico, VA

Total Finishers: 388

Men: 199          Women: 189

Top Finishers:

Male: Kevin Soeder, Jacksonville, NC 00:47:21

Female: Jane Langford, Montclair, VA 00:58:06

Masters:

Male: Thom Marki, Woodbridge, VA 53:21

Female: Heather Grossman, Gainesville, VA 1:04:24

**Turkey Trot** • November 22, Quantico, VA

Total Finishers: 973

Men: 384          Women: 589

Top Finishers:

Male: Stephen Harrison, Fredericksburg, VA 00:33:56

Female: Amy Peterson, Dumfries, VA 00:41:16

Masters:

Male: Daniel Huerta, Fredericksburg, VA 00:38:43

Female: Tami Schweighardt, APO, NY 00:46:54

**Marine Corps 17.75K** • March 23, Prince William Forest Park

Total Finishers: 2,086

Men: 1,002      Women: 1,084

Top Finishers:

Male: Ryan Carroll, Portsmouth, VA 00:59:56

Female: Rachel Booth, Mandeville, VA 01:08:24

Masters:

Male: Joseph Blackstone, Bristow, VA 01:07:58

Female: Jeanne MacDonald, Melrose, MA 01:18:51

**Run Amuck** • June 8, Quantico, VA

Total Finishers: 2,499

Men: 1,419      Women: 1,080

**Quantico Tri** • August 17, Quantico, VA

Total Finishers: 247

Men: 141      Women: 106

Top Finishers:

Male: Lt. Col. Kolter Miller, USMC, Dumfries, VA 00:52:20

Female: Bethann Sliwa, Washington, DC 00:58:23

Masters:

Male: Michael Sliwa, Washington, DC 00:53:15

Female: Brenda Barrera, Williamsburg, VA 01:04:35

**Crossroads 4-Miler** • September 7, Prince William County, VA

Total Finishers: 445

Men: 241      Women: 204

Top Finishers:

Male: MSgt. Jeffrey Klemmer, USMC (Ret), Virginia Beach, VA 00:22:59

Female: Mindy Sullivan, Woodbridge, VA 00:23:58

Masters:

Male: Jason Van Horn, Bristow, VA 00:23:48

Female: Yuko Whitestone, Springfield, VA 00:27:48

**Turkey Trot • November 23, Quantico, VA**

Total Finishers: 907

Men: 360      Women: 547

**Top Finishers:**

Male: Stephen Harrison, Fredericksburg, VA 00:32:26

Female: Mindy Sullivan, Woodbridge, VA 00:36:30

**Masters:**

Male: Jason Van Horn, Bristow, VA 00:37:35

Female: Vicky Jasparro, Fredericksburg, VA 00:40:38

**Irish Sprint 10K • March 17, Quantico, VA**

Total Finishers: 1,695

Men: 915          Women: 780

Top Finishers

Male: Maj. Jason Kut, USMC, Quantico, VA 00:37:16

Female: Capt. Erin Demchko, USMC, Dumfries, VA 00:41:43

Masters

Male: Lt. Col. Alex Hetherington, USMC (Ret.), Vienna, VA 00:38:56

Female: Lynda Hymans, Annandale, VA 00:47:10

**Run Amuck • June 16, Quantico, VA**

Total Finishers: 2,490

Men: 1,177          Women: 1,313

Top Finishers

Male: Jeff Bedell, Arlington, VA 00:26:31

Female: Brittany Copeland, Stafford, VA 00:27:19

Masters

Male: Col. Kei Sekiguchi, USMC, Quantico, VA 00:29:51

Female: Denise Martin, Woodbridge, VA 00:36:18

**Gender Defender 5K • August 25, Quantico, VA**

Total Finishers: 589

Men: 218          Women: 371

Top Finishers

Male: 2nd Lt. Nicholas Oltman, USMC, Fredericksburg, VA 00:17:00

Female: Susanna Sullivan, Falls Church, VA 00:17:45

Masters

Male: Martin Irwin, Donegal, Ireland 00:17:57

Female: Yuko Whitestone, Springfield, VA 00:21:13

**Turkey Trot 10K • August 17, Quantico, VA**

Total Finishers: 790

Men: 332          Women: 458

Top Finisher

Male: Michael Krisman, Montclair, VA 00:35:41

Female: Vicky Jasparro, Fredericksburg, VA 00:39:22

Masters

Male: Mark Schroeder, Stafford, VA 00:42:11

Female: Yuko Whitestone, Springfield, VA 00:43:16

**Irish Sprint 10K** • March 26, Quantico, VA

Total Finishers: 680

Men: 346      Women: 334

Top Finishers

Male: Craig Clark, Hamden, CT 00:35:20

Female: Genevieve Studer, Dumfries, VA 00:42:48

Masters

Male: Gregory Kammerer, Washington, DC 00:40:27

Female: Heidi Berg, Alexandria, VA 00:49:22

**Run Amuck** • June 11, Quantico, VA

Total Finishers: 2,353

Men: 1,102      Women: 1,251

Top Finishers

Male: Maj. Jason Kut, USMC, Quantico, VA 00:23:09

Female: Alissa Savage, Occoquan, VA 00:28:48

Masters

Male: Jeff Bedell, Arlington, VA 00:24:56

Female: Jensen, Fredericksburg, VA 00:29:52

**RunStock 5K** • August 20, Quantico, VA

Total Finishers: 500

Men: 243      Women: 257

Top Finishers

Male: Maj. Jason Kut, USMC, Quantico, VA 00:17:53

Female: Sarah Beyer, Chino Hills, CA 00:22:47

Masters

Male: Marvin Reyes, Arlington, VA 00:20:39

Female: Elizabeth Arnold, Clifton, VA 00:28:38

**Crossroads 17.75K** • September 17, Prince William County, VA

Total Finishers: 655

Men: 413      Women: 242

Top Finishers

Male: Keith Levasseur, Columbia, MD 01:05:28

Female: Amanda Roache, Manassas, VA 01:11:30

Masters

Male: Maj. Billy Ramsey, Stafford, VA 01:09:15

Female: Heidi Durgan, Quantico, VA 01:24:49

**Run to Register 10K • March 27, Butler Stadium, Quantico**

Total Finishers: 1,806

Men: 971      Women: 835

Top Finishers

Male: Staff Sgt. Tyler Hubbard, USMC, Quantico, VA 00:31:28

Female: Heidi Baise, King George, VA 00:40:31

Masters

Male: Richard Shaw, Fredericksburg, VA 00:38:09

Female: Lisa Totten, Warrenton, VA 00:42:30

**Irish Sprint (1 Mile) • March 27, Butler Stadium, Quantico**

Total Finishers: 140

Men: 82      Women: 58

Top Finishers

Male: Jason Myers, Alexandria, VA 00:04:50

Female: Aagje Engel, Alexandria, VA 00:06:12

Masters

Male: Andrew Bianca, Quantico, VA 00:05:52

Female: Melissa Unrath, Stafford, VA 00:06:15

**Crossroads 17.75K • June 12, Prince William County, VA**

Total Finishers: 1,265

Men: 783      Women: 482

Top Finishers

Male: David Burnham, Arlington, VA 01:03:37

Female: Erin Moore, Springfield, VA 01:15:56

Masters

Male: James Migletz, Stafford, VA 01:04:37

Female: Heidi Baise, King George, VA 01:23:47

**Run Amuck** • August 14, Quantico, VA

Total Finishers: 2,230

Men: 1,105      Women: 1,125

Top Finishers

Male: William Mikolajczak, Triangle, VA 00:21:08

Female: Robin Witlin Oak Hill, VA 00:25:07

Masters

Male: Jeff Bedell, Arlington, VA 00:23:40

Female: Win Persina, Washington, DC 00:27:01



**Run to Register 10K** • March 28, Quantico, VA

Total Finishers: 1,108

Men: 645      Women: 463

Top Finishers

Male: Brian Geraghty, Quantico, VA 00:35:45

Female: Alison Hoing, Arlington, VA 00:43:24

**Run Amuck** • June 30, Quantico, VA

Total Finishers: 1,139

Men: 551      Women: 588

Top Finishers

Male: William Mikolajczak, Triangle, VA 00:29:02

Female: Robin Witlin, Oak Hill, VA 00:35:08

**RunStock 5K** • August 15, Quantico, VA

Total Finishers: 592

Men: 256      Women: 336

Top Finishers

Male: Joey Zins, Indiana, PA 00:15:43

Female: Tina Zins, Indiana, PA 00:19:51

**Crossroads 12K** • November 21, Quantico, VA

Total Finishers: 457

Men: 233      Women: 224

Top Finishers

Male: Joseph Bayliss, Stafford, VA 00:25:09

Female: Sara Perez, Stafford, VA 00:51:34

**Turkey Trot 5K** • November 21, Quantico, VA

Total Finishers: 602

Men: 266      Women: 336

Top Finishers

Male: Jeff Klemmer, Fort Washington, MD 00:17:43

Female: Catherine Williams, (Residence not provided) 00:18:52

**Butler Relay** • March 29, Quantico, VA

Total Finishers: 195

Men: 119          Women: 76

Top Finishers

Male: Female: Cheryl McMurray, Fairfax, VA 00:41:03

**Run Amuck** • June 21, Quantico, VA

Total Finishers: 614

Men: 325          Women: 289

Top Finishers

Male: William Mikolajczak, Triangle, VA 00:22:03

Female: Lauren Digennare, Wilmington, NC 00:28:26

**RunStock 5K** • August 22, Quantico, VA

Total Finishers: 283

Men: 149          Women: 134

Top Finishers

Male: Brian Geraghty, Quantico, VA 00:16:10

Female: Ashley Landers (Residence not provided) 00:22:18

**Turkey Trot 10K** • November 15, Quantico, VA

Total Finishers: 517

Men: 263          Women: 254

Top Finishers

Male: Staff Sgt. Tyler Hubbard, USMC, Quantico, VA 00:35:53

Female: Allison Bartels, Bristow, VA 00:39:38

— Course Records —

**Marine Corps 17.75K**

Top Finishers:

Male: Ryan Carroll, Portsmouth, VA 00:59:56 (2013)

Female: Kelly Swain, Arlington, VA, 01:13:48 (2014)

Masters:

Male: Alexander Hetherington, Vienna, VA, 01:05:08 (2014)

Female: Jeanne MacDonald, Melrose, MA, 01:18:51 (2013)

**Belleau Wood 8K**

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 25:45 (2019)

Female: Alissa Savage-Paul, Stafford, VA, 33:16 (2019)

Masters:

Male: Chris Zayatz, Fredericksburg, VA, 34:47 (2018)

Female: Eun Lee, Burke, VA, 40:24 (2018)

**Recon Ruck**

Top Finishers:

Male: Shinichi Hirao, Charlottesville, VA, 1:28:13 (2019)

Female: Mitsu Hirao, Charlottesville, VA, 1:56:23 (2019)

Masters:

Male: Alexander Hetherington, Vienna, VA, 1:28:21 (2019)

Female: Beato Jajko, Arlington, VA, 1:58:53 (2019)

**Quantico Tri**

Top Finishers:

Male: Erick Armes, Triangle, VA, 1:01:37 (2019)

Female: Melissa Tallent, Sterling, VA, 01:13:09 (2016)

Masters:

Male: Stephen Armes, Triangle, VA, 1:05:01 (2019)

Female: Kari Stoeber, Baltimore, MD, 1:17:25 (2017)

— Course Records —

**Quantico 12K**

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 40:17 (2018)

Female: Heather Hanscom, Arlington, VA, 50:10 (2016)

Masters:

Male: Todd Musher, Bristow, VA, 46:55 (2022)

Female: Sara Gilliam, Stafford, VA, 56:11 (2019)

**Turkey Trot 10K**

Top Finishers:

Male: Stephen Harrison, Fredericksburg, VA 00:32:26 (2013)

Female: Mindy Sullivan, Woodbridge, VA 00:36:30 (2013)

Masters:

Male: Christopher Fox, Henrico, VA, 00:37:31 (2017)

Female: Vicky Jaspardo, Fredericksburg, VA, 00:40:38 (2013)

**Medal of Honor 8K**

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 27:26 (2018)

Female: Sandra Pahl, Alexandria, VA, 36:32 (2018)

Masters:

Male: Deries Kaywood, Stafford, VA, 34:54 (2019)

Female: Michelle Curry, Stafford, VA, 37:15 (2019)