



MEDIA RELEASE

MARINE CORPS MARATHON
3399 Russell Road, P.O. Box 188
Quantico, VA 22134
1.800.RUN.USMC
www.MarineMarathon.com

Mechanicsville VA Runner Wins Marine Corps Marathon's Turkey Trot 10K

More than 200 also received the Distinguished Participant Award on Quantico today

QUANTICO, VA (Nov. 21, 2015) – More than 1,100 runners gobbled up the course donning turkey hats, costumes and gear to celebrate the start of the holiday season at the Turkey Trot 10K and Turkey Trot Mile on Marine Corps Base Quantico, VA. Today marked the conclusion of the 2015 MCM Event Series annually held through November.

The winners were presented frozen turkeys and pies from Wegmans, while more than 200 runners also received the Distinguished Participant Medal for completing a variety of MCM events this year.



Turkey Trot 10K runners were led by Adam Lowe, 33, of Mechanicsville, VA who finished first place completing the 6.2 mile course in 35:32.

“Two guys pushed me the whole way so it was a lot of fun ... but once we turned at Mile 6, I started sprinting for the finish line,” said Lowe, who is a veteran runner of the event having participated in the Turkey Trot 10K four times. Not far behind him was Shawn Chabot, 41, of Fredericksburg, VA, who finished in 41:25 becoming the male master's winner.



A Marine was the first to charge across the finish line to capture first place among female participants. Capt. Lindsey Carroll, 29, of Alexandria completed the 10K in 41:16.

“I also ran the Marine Corps Historic Half this year,” said Carroll following her finish. “I have participated in the Turkey Trot three or four years now but I run on base everyday so I am very familiar with the course. I really enjoyed running this.”

Tove Fuglem, 47, of Quantico finished the Turkey Trot in 44:38, winning the female masters award.

Each of the winners hoisted their frozen turkey presented at the awards ceremony in celebration of their victory and for the crowd gathered at the festive event. Many runners also were presented pumpkin pies for placing in their age group. All of today's results remain unofficial, but are available on the MCM website at www.marinemarathon.com.

In addition to the Turkey Trot top finisher awards, hundreds received medals for being loyal participants of MCM Events running throughout the 2015 season.

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Turkey Trot 10K
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These events included the Marine Corps Historic Half in May, the Run Amuck mud and obstacle run in June and Turkey Trot 10K. Each Distinguished Participant received their award through a MCM partnership with VA Runner, a local running specialty store with locations in Fredericksburg and Woodbridge, VA.

Today's events began with the Turkey Trot Mile where many very young runners joined their moms, dads and siblings running the one-mile course with MCM Mascots Miles and Molly and U.S. Marines cheering.

More information about the MCM Event Series, is available at www.marinemarathon.com.

The 2015 MCM Event Series, organized by the Marine Corps Marathon, is sponsored by Brooks, GEICO, Discover Prince William County/Manassas, Marine Heritage Foundation, National University, Sentara Healthcare, Two Marines Moving, VA Runner and Wegmans. No federal or Marine Corps endorsement implied. #RunWithTheMarines

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