



MEDIA RELEASE

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Marine Corps Marathon Announces Metro to Open at 6 a.m. on October 22 *2017 Course in Arlington and nation's capital also unveiled*

QUANTICO, VA (July 25, 2017) – The Marine Corps Marathon Organization today announced it will open Metro at 6 a.m. on Marathon morning, Sunday, Oct. 22 and unveiled the 2017 [Marathon course](#) that begins in Arlington, VA and runs throughout the nation's capital.

The announcement was made prior to a runner fitness program held at MedStar Health's Sports Medicine facility in Northwest Washington, D.C.

Last year, the MCM Organization was forced to restructure the event timelines and make drastic changes in both the Marathon and MCM10K courses as the result of Metro's SafeTrack initiative, which prevented an early opening of the transportation system for thousands of runners and spectators.

This year, both the [MCM](#) and [MCM10K](#) will start simultaneously at 7:55 a.m., with the MCM10K start returning to the National Mall in Washington, D.C. The MCM10K start is at 12th and Madison Drive, outside the National Gallery of Art West Wing.

The MCM10K will finish alongside the 42nd MCM on the U.S. Marine Corps War Memorial, the iconic symbol of the United States Marine Corps, which annually organizes "The People's Marathon."

Those participating in the Marathon's Wheeled Division will begin at 7:45 a.m., just prior to the MCM start on Route 110.

All Marathon participants will be required to maintain a 14 minute-per-mile pace to complete the event as an official finisher. The MCM course will close at 3 p.m. MCM10K runners must keep a 16 minute-per-mile pace.

[Marine Corps Marathon Weekend](#) will occur from Friday, Oct. 20 through Marathon Day, Sunday, Oct. 22.

Most weekend events, including the two-day [Health & Fitness Expo](#), where all participants will pick up their event-day packets, will be held at MCM headquarters – the Gaylord National Resort & Convention Center at National Harbor, MD.

In addition to the Metro, free shuttles will be available for runners and spectators from Crystal City, VA and the Gaylord National. More information about the 42nd MCM is available at www.marinemarathon.com.

Honoring the dedication, sportsmanship, and patriotism of its participants, the Marine Corps Marathon (MCM) is also known as "The People's Marathon," as runners from all walks of life annually participate. The 42nd MCM, coordinated by the Marine Corps Marathon Organization (MCMO) and United States Marine Corps, will be held October 22, 2017 in Arlington, VA. The MCM is sponsored by Arlington County, Brooks, GEICO Military, Leidos and MedStar Sports Medicine. No federal or Marine Corps endorsement is implied. #RunWithTheMarines

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