



## **MCM10K Sells All Entries for October 26 Event in Nation's Capital**

*MCM10K registers 9,500 to finish alongside the 39<sup>th</sup> Marine Corps Marathon*

**QUANTICO, VA (Oct. 6, 2014)** – All entries for the MCM10K presented by Aetna now are sold for the Oct. 26 event that includes 9,500 participants. The [MCM10K](#) begins at 7:55 a.m. on the National Mall in Washington, DC and finishes alongside the 39<sup>th</sup> Marine Corps Marathon (MCM) on the Marine Corps War Memorial in Rosslyn, VA.

Runners from 48 states and 18 countries will embark on the 6.2 mile course that begins at 12<sup>th</sup> and Madison Drive in front of the National Museum of American History. About 63 percent of those participants are women. Many are returning to the popular MCM10K including both 2013 male and female winners, Stephen Gendron of Lowell, MA and Susanna Sullivan of Falls Church, VA. Gendron, who completed the MCM10K in 33:20, finished first ahead of 7,592 fellow runners, which was the largest field in the event's history. Sullivan finished in 35:54, faster than all her female competitors, as she won her second consecutive MCM10K.

On Oct. 26, MCM10K participants will run their initial trek around the National Mall, cross over the Potomac River (via the 14<sup>th</sup> Street Bridge), follow the course into Crystal City and travel along the north side of the Pentagon. From there, they will complete their run across Route 110 in Arlington, making their way to the finish on the Marine Corps War Memorial.

After their finish, MCM10K runners will be greeted by U.S. Marines presenting medals to each participant and MarathonFoto will capture their accomplishments at the base of the iconic Memorial. MCM10K participants will receive a variety of post-event nutritional items in hospitality before celebrating with family and friends in the [MCM Finish Festival](#) in Rosslyn, VA. The Finish Festival includes live entertainment, the [Brooks MCM apparel store](#), the Michelob Light Beer Garden, exhibitors and MCM sponsors.

Packet Pick-up for all MCM10K participants will be held from Thursday, Oct. 23 through Saturday, Oct. 25 at the [Health & Fitness Expo presented by GE](#). The Expo, held at the DC Armory, is free and open to the public. Each MCM10K participant will be asked to present their E-card and photo ID to receive their official bib with timing device, participant shirt, clear plastic bag with UPS baggage sticker and the official event program, "[Salute.](#)" Only the runner's clear plastic bags will be allowed on the MCM10K baggage trucks.

MCM10K runners are encouraged to take Metro to the Smithsonian station, which is nearest to the start line on the National Mall.

Media interested in covering the MCM10K, MCM or other MCM Weekend events contact Tami Faram, MCM Public Relations Coordinator at [tami.faram@usmc.mil](mailto:tami.faram@usmc.mil) or 703-432-1840.

*The MCM10K presented by Aetna is also sponsored by Navy Federal Credit Union and Arlington County. The MCM10K is organized by the Marine Corps Marathon, voted the "Best Marathon for Families" and the "Best Marathon in the Mid Atlantic." No federal or Marine Corps endorsement is implied. #RunWithTheMarines*

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