



Press Release

For Immediate Release

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October 5, 2006

Marine Corps Marathon Announces Recommended Race Day Transportation for Runners and Spectators

Runners are encouraged to take Metro for simple start line access

QUANTICO, VA- The Marine Corps Marathon announced today transportation procedures for the October 29 event. Runners, their supporters and spectators are encouraged to take Metro, with service beginning at 5 a.m. for the easiest access to the start line.

Marathon and 10K runners should take Metro to the Pentagon Station (blue and yellow line) to check items at the UPS Baggage Drop-off prior to entering the starting areas. Runners who do not plan to store baggage should take Metro to the Arlington Cemetery Station (blue line) for direct access to the starting corrals. Spectators are encouraged to take Metro to the Rosslyn Station (blue and orange lines) to view the finish. Metro maps and prices are available online at www.wmata.com.

Limited free parking is available at Crystal Drive and 23rd Street in Crystal City, VA. This parking is convenient to the Crystal City Metro Station, only two stops from the start. Those parking in this area can also take the free MCM Shuttle from Crystal Drive and 23rd Street to Runners' Village in the Pentagon North Parking Lot, near the UPS Baggage Drop-off beginning at 5:30 a.m.

Runners coming from Virginia may wish to park at the Vienna Metro Station parking deck and take a short metro ride to Rosslyn. Post race shuttles will run from the base of the Finish Festival at the corner of Lynn Street and Wilson Boulevard beginning at 10:00 a.m. and return runners to the Vienna Metro Station (orange line) as well as Crystal City Metro Station (blue and yellow line) and the Metro Center Metro Station (orange, red and blue lines).

Transportation at a Glance

Arlington Cemetery Station...Best for runners who are not checking baggage to access the start line.
Pentagon Station...Best for runners checking items at the UPS Baggage Drop-off in Runners' Village.
Rosslyn Station...Best for guests and spectators to access the start and finish areas.
Pre-race Shuttle...Begins at 5:30 a.m. from Crystal Drive & 23rd Street to Runners' Village.
Post-race Shuttle...Begins at 10:00 a.m. from Lynn Street and Wilson Blvd to Vienna, Crystal City and Metro Center Metro Stations.

Voted "Best Marathon for Families" by HerSports Magazine, the Marine Corps Marathon continues a combined tradition of dedication, sportsmanship and patriotism. Since its inception, over 300,000 civilian and military runners from all walks of life have participated, deservingly earning the event its nickname "The People's Marathon." The 31st Marine Corps Marathon to be held on October 29, 2006 in Arlington, VA is presented by USAA, Brooks Sports, Inc., and Cisco Systems. Visit marinemarathon.com for more information.

For media information, contact Beth Cline, Marine Corps Marathon Public Relations Coordinator at (703) 432-1165, or Elizabeth.Cline@usmc.mil. No federal or Marine Corps endorsement implied.