

MEDIA RELEASE

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MCM EVENT SERIES 2010

Triangle, VA's Mikolajczak Three-Peats in Marine Corps Marathon's Run Amuck *Over 2,000 Runners 'Let the Mud Fly' aboard Marine Corps Base Quantico*

QUANTICO, VA (August 14, 2010) – William Mikolajczak, 24, of Triangle, VA, finished the Run Amuck held aboard Marine Corps Base Quantico today in a time of 21:08 for a clean sweep as the event's top finisher title for a third consecutive year. The two-time defending champion led all 2,130 runners who hailed from 36 states in the 3.5 mile event that featured challenging obstacles, military PT drills and giant pits of mud!

Only seconds behind Mikolajczak was Andrew Lee, 23, of Vancouver, Washington, who finished second for the men at 21:11. Kyle Gutierrez, 21 of Woodbridge, VA, finished as the third top male runner at 21:45.

Robin Witlin, 37, of Oak Hill, VA, was the first woman to cross the Run Amuck finish line at 25:07. Angel Stone, 32, of Arlington, VA, finished second at 25:54.

“It [Run Amuck] was a lot of fun and I will definitely do it again,” says Stone, a personal trainer who convinced a team of 10 of her clients to participate. “This is my third time at Run Amuck.”

Rounding in at third place for the women was young Briannna Krumholz, who at just 15, finished in 25:59.

The male and masters winners were local runners as well, as Arlington resident, Jeff Bedell, 41 finished first among the males running 23:40, and Win Persina, 50, of Washington, D.C., finished 27:01 in the female masters category.

The unofficial Age Group Award Winners for the Run Amuck are:

10-14

Men:	Andris Sturans	14	Chantilly, VA	25:21
Women:	Peyton Curry	14	Stafford, VA	30:59

15-19

Men:	David Janas	16	Clifton, VA	24:10
Women:	Jordan Lasker	18	Fredericksburg, VA	30:49

20-24

Men:	Thomas Kolarczyk	24	Washington, D.C.	24:36
Women:	Sara Lasker	20	Fredericksburg, VA	26:26

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Run Amuck Results 2-2-2-2

25-29				
Men:	Erich Friedlein	25	Montclair, VA	23:17
Women:	Sarah Farrar	28	Ashland, VA	28:37
30-34				
Men:	Andrew Marrocco	30	Winchester, VA	22:02
Women:	Jill Rumble	34	Gainsville, VA	27:30
35-39				
Men:	Yosuke Murase	38	Tokyo, Japan	23:57
Women:	Megan McLaughlin	35	Bristow, VA	26:17
40-44				
Men:	Kevin Toolin	40	Saunderstown, RI	25:43
Women:	Kimberly Wynn	41	Locust Grove, VA	30:17
45-49				
Men:	Jeffrey Bevington	45	Stafford, VA	27:33
Women:	Karen Cipressi	46	Huntington, MD	28:30
50-54				
Men:	Gregg Sturdevant	53	Montclair, VA	28:00
Women:	Eileen Proulx	50	Annapolis, MD	33:17
55-59				
Men:	James O'Melia	56	North Arlington, NJ	28:58
Women:	Maria Nusbaum	58	Reston, VA	37:15
60-64				
Men:	Robert Cheever	69	Woodbridge, VA	35:55
Women:	Cora Phillips	64	Bloomington, NY	50:00

The Run Amuck is coordinated by organizers of the Marine Corps Marathon and sponsored by the Prince William County/Manassas Convention and Visitor's Bureau, Marine Federal Credit Union, Geico, Mary Washington Healthcare Stafford Hospital, Brooks and Powerade. No federal or Marine Corps endorsement implied. For media information, contact Tami Faram, MCM Public Relations Coordinator, at 703-432-1840 or tami.faram@usmc.mil.

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