

MCM Event Series Hosts Over 1,000 Runners for Double Helping of Thanksgiving Races

Runners Feast on Turkey Trot 5K and Crossroads 12K aboard Marine Corps Base Quantico

QUANTICO, VA (November 21, 2009) – The final races of the 2009 MCM Event Series were held on Saturday morning, November 21 aboard Marine Corps Base Quantico. The Turkey Trot 5K and Crossroads 12K started and finished at historic Butler Stadium while guiding runners through the base roadways to meet certified distance requirements. A total of 1,025 runners finished the races including 587 in the Turkey Trot and 438 in the Crossroads.

Omari Daughtridge, 23, of Fort Washington, MD was the overall top finisher in the Turkey Trot 5K with a finish time of 17:34. Catherine Williams, 28, was the top female finisher at 18:52. Terry McLaughlin, 49, from Spotsylvania, VA topped the Masters Category finishing at 18:57. Melissa Unrath, 41, from Stafford, VA won the Female Masters Category with a finish time of 22:26. Top finishers including age division winners were awarded frozen turkeys ranging from 10 to 20 pounds.

Andrew Lee, 22, of Vancouver, WA won the Crossroads 12K, finishing in 42:45. Sara Perez, 32, from Stafford, VA was the first female finisher clocking in at 51:34. Masters winners were Andrew Winthrop, 41, of Quantico, VA (45:27) and Jane Langford, 45, from Montclair, VA (53:49). Pewter plaques were presented to the top finishers and masters winners. Age category winners received crystal Crossroads 12K ornaments.

Age Group Winners:

10-14 Division

Turkey Trot	Male	Ryan Small	12	54:11
Crossroads	Male	Adam Nodjomian	14	21:19
Crossroads	Female	Peyton Curry	13	22:35

15-19 Division

Turkey Trot	Male	Matthew Hale	18	48:00
Turkey Trot	Female	Shaina Manuel	15	21:11
Crossroads	Male	Michael Taylor	19	18:54
Crossroads	Female	Ashley White	15	1:06:12

20-24 Division

Turkey Trot	Male	Craig Clark	23	19:24
Turkey Trot	Female	Nicole Kauzlarich	22	22:01
Crossroads	Male	Jonathan Mbwiri	22	45:25
Crossroads	Female	Katie Hodges	22	53:26

25-29 Division

Turkey Trot	Male	Damien Tamez	26	20:14
Turkey Trot	Female	Erin Conte	25	22:14
Crossroads	Male	Clint Gebke	29	48:07
Crossroads	Female	Ashley Landers	28	54:16

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30-34 Division

Turkey Trot	Male	Jorge Dimmer	30	20:42
Turkey Trot	Female	Rachael Brady	30	24:34
Crossroads	Male	Chris Gray	33	52:35
Crossroads	Female	Carolyn Johnson	30	54:38

35-39 Division

Turkey Trot	Male	Jeff Klemmer	39	17:43
Turkey Trot	Female	Shelly Dewitt	35	26:43
Crossroads	Male	Aaron Awtry	36	50:00
Crossroads	Female	Miriam Snedecor	38	53:00

40-44 Division

Turkey Trot	Male	Jeff Bedell	41	19:16
Turkey Trot	Female	Deborah Hopewell	42	25:39
Crossroads	Male	Austin Petway	44	50:46
Crossroads	Female	Deborah Langlo	44	55:08

45-49 Division

Turkey Trot	Male	Martin Price	47	19:35
Turkey Trot	Female	Susannah Price	46	24:16
Crossroads	Male	Bjornar Lunde	49	49:48
Crossroads	Female	Robin Haberbosch	45	56:44

50-54 Division

Turkey Trot	Male	Paul Sandy	50	19:57
Turkey Trot	Female	Cheryl Scholl	51	26:40
Crossroads	Male	Terry Basham	50	50:39
Crossroads	Female	Nilda Lopacinski	52	1:06:34

55-59 Division

Turkey Trot	Male	Paul Bousel	56	20:49
Turkey Trot	Female	Merrilee Seidman	55	25:36
Crossroads	Male	Mark Allen	55	59:11
Crossroads	Female	Jeanette Kaufmann	56	1:14:20

60 & Over Division

Turkey Trot	Male	Larry Ratliff	62	28:56
Turkey Trot	Female	Alice Austiff	61	37:02
Crossroads	Male	David Bussiere, Sr.	60	52:27
Crossroads	Female	Sally Evans	65	1:10:30

The MCM Event Series is coordinated by organizers of the Marine Corps Marathon and sponsored by Brooks, Geico, Marine Federal Credit Union, Powerade, Hampton Inn, Qdoba and Chick-fil-A.. Registration is now open for the MCMRun2Register 10K in March 2010, Crossroads 17.75K in June 2010, Run Amuck in August 2010 and the Turkey Trot 10K in November 2010. No federal or Marine Corps endorsement implied. For media or sponsorship information, contact Marc Goldman, Marine Corps Marathon Sponsorship and Marketing Manager at (703) 784-2113 or marc.goldman@usmc.mil.

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